

Freedom Advisory Committee on Aging  
Minutes, October 24, 2019

Members Present: Rick Davidson, Sandy Boyle, Cindy Fleming, Linda Habif, Cheryl Harris, Anne Cunningham

Also present: Cailee Mickle, Freedom Senior Resource Coordinator; Rick Fleming  
Rick D. called meeting to order at 2:30 PM.

Rick reviewed the minutes of June 14th meeting which the committee voted to approve.

*Rick D requested an update report from Cailee Mickle Freedom Senior Resource Coordinator:*

- Most of time researching resources and putting together referral form which has demographics and current services receiving as well as current needs.
- Met with Josh Shackelford and viewed space. Office space would be interrogation room or lunch room which may make folks uncomfortable so will look into other spaces such as the library. She has been told by some citizens that going to the Public Safety building would make them uncomfortable. Additionally, Josh mentioned that folks that need services are either already receiving or don't want.
- Considering putting on monthly sessions and first would be introductory. Another would be another interventional program such as a pen pal program with school kids with oversight by her.

Ricks comments: he was at school meeting other night with superintendent and a few others; one thing that came up is that there is space where kindergarten used to be where folks can come and go—maybe Cailee could be there and meet with concerned citizens there. (Cheryl said that room is currently used as a classroom.)

Cindy said that is in keeping with what is going on elsewhere to use public schools.

Rick said school meeting was wide ranging to privatization. Vetting of school visitors/volunteers is an issue but may change if there is a state regulation change.

Rick recommends that Cailee meet with Elizabeth Rhymer.

Cheryl mentioned that there is already a cursive writing program that she may be able to piggyback on. Anne suggested the Volunteer Appreciation Luncheon might also be a good opportunity as well. Rick suggested the Superintendent might be amenable to working with integration of Seniors with children.

Linda asked how to introduce Cailee to community—Community Club may be a resource.

Cheryl suggested introductory article in papers and include contact info and that Cailee will speak at a future FACOA meeting.

Rick D reinforced inviting focus groups to meeting. Rick states that there is a gmail group from focus groups that could be used for inviting them to the meeting.

Anne reinforced not waiting until there is an office space and being open to alternative sites.

Cindy asked about using Town Hall but it isn't conducive because of privacy and heat; discussed other possible sites.

Cheryl suggested meeting with Rob Cunio and fostering relationship with him since the fire department responds to so many health calls and perhaps with the

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ambulance services. She may be able to provide her business cards to them for information as to this resource.

Cailee needs to talk with Janice at Town Office about getting business cards.

*Service Providers list* that was done by Sylvia Carney needs to be maintained and Rick D will continue to maintain as a private citizen.

*Report on the October 24 AARP Community Connections Meeting and September 11 AARP Gibson Center update*

Rick mentioned that after this mornings meeting that Cailee should stay on Community Connections Working Group Gibson Center & AARP MWV Age Friendly Community and work with Dawn and Ellie about the list for Carroll County service with ServiceLink. He said new community center in the old high school is beautiful and anxious for community involvement. Committee very behind our efforts to have a coordinator and get something similar in other communities.

There is a committee addressing housing which is looking at assisted living/affordable housing; outdoor spaces where you can walk without climbing (Freedom has 4 places); health committee working with Memorial and the Adult Day Care. Transportation (RSVP involved); a lot going on.

At this meeting they talked about working with the schools and getting similar email group as Freedom has in other communities. AARP steering committee has won a national award from AARP as one of the premier programs in country.

Program coming through Tufts to work with volunteers.

Initiatives from other towns: Fryeburg has put together a committee like Freedom's that is meeting regularly.

Cailee asked if it is a conflict of interest if she has dentist or construction company come in or sponsor? Anne will check with John Ratigan and send response to all of us. Service Link is public.

Outcome:

1. Sandy will see if Cailee can be introduced at Nov Community Club meeting.
2. Reach out to the focus group members to announce Cailee and next meeting of FACOA for a program.
3. FACOA to meet 11/17 at 12 PM for Cailee to introduce herself and her available resources.
4. FACOA to meet Tues 11/12 at 11 AM to plan for 11/17 meeting review presentation -Focus group outcomes and Cailee's presentation. Anne can share slides from Focus group with Cailee for development of her presentation.
5. Cailee to write article for Lisa Wheeler to publish in paper hopefully for 10/31 edition.

Meeting adjourned 3:44PM

Respectfully submitted,  
Cheryl Harris, recorder