

Advisory Committee on Aging - Minutes
Wednesday, January 16, 2018
1:00 PM
Freedom Town Hall

Members: Rick Davidson, Sandy Boyle, Cindy Fleming, Anne Cunningham, Linda Habif (by phone)
Also in attendance: Laura Mitchell

Review minutes from December 20 meeting. Cindy Fleming moved to accept. Anne Cunningham 2nd.

Reviewed minutes including:

- The areas that the Gibson Center is currently addressing to make the Valley an age-friendly community
- The presentation to Board of Selectmen to approve the petition to support putting a Warrant Article on the Town Warrant for an aging coordinator position.

Town attorney approved the wording for the Warrant Article

Minutes accepted.

Rick Davidson circulated copies of petition to get a Warrant Article for a Town Coordinator position. Committee members will disseminate the petition in order to gather signatures. We encourage people who are interested in seeing the coordinator position to sign the petition and come to town meeting.

Anne Cunningham will send an email to focus group participants updating them about the outcome of the focus groups.

The committee started to plan the presentation to the Town Meeting.

Discussed ways to get grants for senior services for the town. This is something a coordinator could eventually spearhead. For example, could find volunteers or interns to write grants to pull in money for the town.

Discussed the future role of the committee. Have we fulfilled our commitment as an advisory committee? We else can we contribute and by what mechanism would that happen?

Next meeting scheduled for Wednesday, February 6, 2019 @1:00
This meeting is open to the public.

Motion to adjourn by Cindy Fleming, 2nd by Anne Cunningham.

Charge of the Committee

This committee will study ways to help seniors stay in town. The charge of this committee is:

1. Identify why seniors are leaving Freedom
 - Interview seniors who have left Freedom for other places to understand why they were unable to stay in town
 - Review “aging in place” literature to identify the factors that help seniors to stay in their homes or in their town.
2. Identify services to help seniors stay in their homes, i.e., making homes safe and livable on one floor, helpers for chores or activities of daily living, transportation to shopping and doctors, social outings or home visits, and other support (specify)
 - Identify where to source the services
 - Find who can provide services, what cost, whether there are grants to cover them
 - Describe how to deliver and who will pay?