

Freedom Advisory Committee on Aging
July 16, 2018

Rick Davidson, Anne Cunningham, Linda Habif, Cindy Fleming Absent: Sandy Boyle
Guest: George Cleveland, Gibson Center

Review of minutes: accepted as submitted-moved by Anne and seconded by Linda, approved by members.

George requested information about how we came to be and our purpose; Anne Cunningham provided overview. George discussed the Gibson Center. Started 40 years ago with meals out of the basement of hospital, now Meals on Wheels, on call transportation. Doing about 50,000 meals a year; two farms bring fresh vegetables etc to them through UNH dept of agriculture. They learn a lot from the people who receive meals. Trying to expand advocacy by linking up with AARP to become an age-friendly community. Northern Carroll County + Fryeburg joined which opens the AARP brain trust and grants. Forming a steering committee of town representatives looking at the 8 domains of livability and see what we collectively can do. They want to be the hub of the wheel so no reinvention necessary. One priority is housing, will see what that brings up. Affordability is an issue <= \$250k. Concept of home sharing now going on in San Luis Obispo and in VT. Using computer program to do matching, with significant information taken on both parties. More. Silver Lake Landing has 20 1-2 bedroom units, most expensive is \$760/mo. Reverse snowbirds occurred after 9/11/01 based on realtors, family wanted to be close to family.

Silver Lake Landing history described there are income limits as required by the financing. Boston Post Cane being given to resident who is 101 tomorrow. Units are on 2 stories which limits some folks.

Anne asked about AARP. George said they are connected into a national section. He did a webinar last week with folks from ME, WY, CO and MT about rural transportation, and the problems are the same.

They applied for a grant about accessory dwelling units education versus Air B&B. Freedom can write directly but prefer that we work through the Gibson Center.

Anne said we have a lot of demand for a Sr center but village store used to have 20-30 folks, but now it is nothing. Her concern is that we make a large capital investment then having no participation. He agreed that we need a village center where you can get coffee and muffins. He described Tamworth's The Other Store, and the Lyceum and Distillery. Tamworth has Universal Health Care through Community Nurse. Anne stated we spend 0 on Srs but \$4M for 100 kids in school but we need to have seed money to create some potential solutions that might fly with town BOS.

Giving \$ to a government is absurdly difficult; non-profit organization can get funding and a new law allows the org to donate to the town. In the 1930s a woman left money specifically for a town nurse which continues today.

Rick wonders how to put on events that attract folks such as an open mike night.

Burlington VT has the match.com

Town Crier type communication needed, he says Elizabeth our librarian is working on this and helped him with Tamworth Exchange newsletter Madison Boulder Notes by Gaggle. He has about 1300 on Tamworth Exchange. Rick asked if we could perhaps get a grant for a newsletter and that might be fundable. He said internet access may be an issue, but that many folks are becoming computer users who have fought in the past.

The Exchange requires about 35 min of his time per week, is mostly posting by community members.

Anne described our attorney's concerns about first amendment rights and he says that near libel has been an issue.

George also chair of regional transportation authority, Blue Loon is part of that. But can't reach out to farthest rural areas.

Rich says Google would be way to create a newsletter and figure out a way to reach out to entire community including those who haven't ever connected and to lake folks.

Both Bowdoinham and Monadnock have not gotten back to us

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Agenda 8/20/18
Communication Strategy
Follow up on interviews
Follow up on boudoinham and Monadnock

Respectfully submitted,
Cheryl Harris, Recorder