

Freedom Advisory Committee on Aging  
4/24/2018

Members present: Cindy Fleming, Sandy Boyle, Rick Davidson (chair), Anne Cunningham via phone, Cheryl Harris  
Community: Marjorie Amico

Minutes of March 20, 2018 meeting accepted by motion of Rick and seconded by Cindy.

Responses to the mailing

Responses to mailing—21 although a few days remain

Responses from Community Club- 22, some duplicates with the mailing set.

One offer received for the town to buy a building for a Sr. Center

One comment that taxes are high, need a good gym in elementary school—Marjorie says no one has come when she has opened gym on weekends in past 7 years. Our nearest Sr Center is Ossipee Crossing.

Rick will catalog the responses for record/reference.

Cheryl brought up information from Hazel Gauley about Monadnock at Home and the cluster housing

Focus Groups most want daytime during the week

Planning

1. Combine the lists for a single group email—he did send thank you acknowledgement to the folks from. Mailing, need to send acknowledgement to Community club—Rick will do.
2. Arrange times and ask for sign ups—Anne suggests that we ask folks to say which ones they can make rather than first come first in, then assign folks to groups.
3. Janet and Don Johnson offered their home, but group feels that an official town building with handicapped access may be better for focus group meetings.
4. Need facilitator, recorder and observer—but not all members of the committee need to attend each session. Will need to clarify exactly what the questions are and agenda for meeting--all will be the same. Need to confirm availability of facilitators.
5. Focus group to be conducted by accumulating all responses from the three focus groups and catalog. Then do a second session to get folks to prioritize amongst the suggestions—that methodology to be determined.
6. Everyone on committee to share calendars with Anne and she will pick some times that folks are available for the sessions so we can pick the session times and confirm facilitators.
7. Anne recommends that we borrow Stacy Bolduc's recording device or use a phone so we have good record of sessions.

Rick discussed the meeting with Attorney and DHS folks: there is a lot of concern but it is not filtering down to community. Attorney says we cannot recommend any private organizations as a Community committee. If there were a local private organization that posts information, that is outside the official Town site.

Anne says the real issue from the town's point of view is that anyone could say whatever they want—Free speech right. Hosting a FB page by the town means anyone can post whatever they want. However, if it is private, there is control of content possible and a right to control the content.

Top two items that's we should post on the town's website would be "211" and ServiceLink. 211 brochures are currently at town hall and fire station, need to also post in Library

Community Club presentation: Cindy provided the content of the speech. She felt and we agreed that people were interested. However there is still a misconception that the committee will actually provide services or case management—this needs to be reinforced during public opportunities.

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Rick shared an email from Patricia Oh, an AARP consultant who wrote about Age-Friendly towns. The Gibson Center in Conway is interested in including Freedom in its outreach. Age-Friendly towns have a number of services/activities available like kaffee-klaches and square dancing etc. Porter Maine also has a lot of outreach to Saco Valley that is not town based but community based.

Sandy brought up replacing Carol Anthony and the group agreed that we should propose to selectmen a few candidates. Hazel Gauley and Bob Smart are possible candidates—Sandy will contact them and let Anne know so the BOS can appoint.

Next meeting is May 1, 10 AM

Agenda: finalize dates for focus groups

Finalize facilitator, recorder and observer for each group

Finalize agenda and questions for focus groups

Margie shared the Medicaid requirements for nursing home residents and the stay at home spouse; how to fill out the forms for application available on ServiceLink. She is licensed advisor and can help folks through the process. She described the Nationwide Concierge Health Advocacy process. This information would need to be available via private resource as it cannot be publicized via Town website.

Respectfully submitted,  
Cheryl Harris