

Freedom Advisory Committee on Aging  
3/12/18 after town meeting

Attending: Cindy Fleming, Rick Davidson (C), Anne Cunningham, Sandra Boyle, Cheryl Harris  
Absent: Linda Habif and Carol Anthony

Community Members present: Sandi Leader, Robin Waters, Raylene and Ron Newbury, Jerry Knirk, Nadine Chapman, Karen Collie, Jane M Johnson, Richard Fleming, Scott Cunningham

Minutes of last meeting to be reviewed at next meeting

Cindy suggested that committee members have name plates or name tags so community knows who members are.

Introductions of all present.

Rick reviewed 3 prongs of committee's charge.: services currently available and Make information available: establish a means to gather data on the needs of the elderly—draft mailing review today; what other places are doing such as Bowdoinham.

Anne provided copies of the proposed flyer and explained purpose and plan to get printed by Minuteman Press and sent out by them. She has reviewed the tax list and voter list and believes that we need 683 mailers.

Multiple suggestions were received by both committee members and community. Anne will incorporate suggestions and send out revised flyer.

Anne stated original plan was to include in tax statement mailing, but this would be too long to wait. Cost for B& W printing is \$450, for color \$550 and her budget is only \$500.

It was mentioned that Peter Park, President of the Community Club, may ask the Community Club to provide some money to support this project. Not sure when that group will meet.

Timeline now:

- finalize flyer today
- take to Planning Board and obtain agreement for funding for mailing from an existent every door mailing on Thursday 3/15
- Cheryl and Anne (other committee members welcome) to take flyer to BOS on 3/19 and obtain agreement for mailing and path committee is on to date
- Upon approval, meeting 3/20 to work out final logistics for mailing

Suggestions received to also place flyers in Village Store, at Transfer station, Library with a poster explaining the flyer. Also to ask Lisa Wheeler to include information about the committee and the plan to set up focus groups and distribute information.

Jerry Knirk stated that there is not a lot available at the state level, it relies upon volunteer and non-profits to provide services for the aging. The Carroll County supervisors are hesitant to even provide \$10,000 for a needs assessment for assisted living, so no real support at the county level. He did mention Choices for Independence (CFI) a Federal program, that uses Medicaid for 18-64 and 65+ and who need nursing home care to provide services that allow the person to manage at home--such as home meal prep, grocery shopping and home care etc. There is an income limit of \$27,000/year and the person must be medically needy. There are some exemptions related to spouse and home equity. He will provide link to this information to Anne so we can include this in our list of resources.

Next meeting 3/20 (change from 4/3) to address logistics of mailing.

Respectfully submitted,  
Cheryl Harris