

Initial Meeting  
Introductions

- Sandy Boyle-retired RN with background home health, worked with Home Instead
- Rick Davidson- retired tech teacher, author
- Cindy Fleming-tech writer with background aging and developmental disabilities social inclusion and community support
- Linda Habif-retired medical nurse practitioner who worked with elderly clientele with background in home health
- Anne Cunningham Planning Board issue 10 years ago and nothing has happened; change in accessory dwelling ordinance and there is one for elderly group home. One in Robin Hood is really 55+
- Carol Anthony ill
- Cheryl Harris retired RN with background in home health

Selection of Chair

Rick Davidson

Review of Charge

Rick referenced Aging in Maine article in Down East magazine lots of elderly housing there. Reasons folks leave include no place to walk to; loneliness; shopping.

First task to ID seniors who would be willing to talk with us, have a standard list of questions and maybe video. Will need to identify some citizens/families who left Freedom because they could no longer manage to age in place as well as current citizens/families to identify their perceived needs in order to remain in Freedom.

Each county is supposed to have a county commission on aging they would meet with the state monthly and represent. Kathy Baldrige on State Council on Aging and is a part-time resident and has volunteered to come speak on a Friday or Monday about what is available through this state service.

Town of Freedom  
Advisory Committee on Aging

Tuesday, February 6, 2018

Will need to develop strategy to share information with community on available resources.

Fuel for Veteransô how do we let them know?

Can we communicate with email to townspeople? Currently there is an unofficial town email but this is not thought to be the way this committee should communicate with the citizens. Tax bills might be one way but email might be better. Lisa Wheeler's Column in the Carroll County and Conway Daily Sun may be one way. Sylvia Carney started a list of services. We need to consider building web page with services/resources on the Town website, which Rick can help with.

Assignments and for future consideration

Rick will reach out to some elders about forming a list of questions for interviews

Compile list of services availableô Sandy

List of citizens to interviewô all

Town Meeting-should we present?

Want to assure that we aren't socializing action, all information/services are voluntary

Town offices sign and infoô Cindy

Speak about committee at April Community Club-Rick (filmRD@gmail)

Get email for committee for access from the community-Anne

Note taker-Cheryl

Future meetings are public with published agenda at least 24 hr in advance. Next meeting on Tues morning 10 AM Feb 20

Future communication to be via email not mailô no budget for this committee. Minutes and meeting materials will not be mailed to committee members.

Respectfully submitted,

Cheryl Harris